



# Safety Committee Meeting Minutes

Independent School District 15 • St. Francis, Minnesota

Safety Committee minutes submitted by  
Human Resource Director Brandon Nelson

April 16, 2015 Meeting

## Meeting Minutes

### Sirens

1:45 p.m.—Minnesota severe weather awareness week April 13-17; the committee celebrated the timing of the sirens in relation to the meeting

### Crisis Management Policy

The committee reviewed ISD 15 policy 706. Reference to the Comprehensive School Safety Guide (2011 Edition) was made and information provided about getting this guide

### Active Threat Training Conference May 30, 2015

Information was presented about this upcoming conference

### Playground Safety

Rachel Koehler from IEA presented information and statistics about playground safety

### After hours/weekend procedures

Chris Wirz presented procedure documents

### AED update

Information and status of the AED devices in the district was presented

### Winter Slips and Falls

Remember last April 17 [2014] was a snow day

### OSHA Inspections

Information was presented about what to expect regarding OSHA inspections

### OSHA Reporting Regulations

Information about changes to requirements and timing of reports for death, amputation, etc was presented

Next meeting – October 22, 2015

1:45-3:00 p.m.

Central Services Center

## Seasonal allergy triggers

Allergic reactions occur when the body's immune system attacks an often harmless substance like animal dander, food or pollen. Medication can help reduce the severity of such reactions, but some allergy sufferers find allergic reactions inconvenient nuisances even with medication.

Understanding what triggers allergic reactions may help some people avoid them or make them easier to handle. The following are some of the more common allergy triggers and how men and women suffering from allergies can avoid them.

### Pollen

Pollen is perhaps the best-known allergy trigger. A fine, often yellow substance that's essential to the fertilization of flowers, pollen can be spread by wind, insects or other animals. Hay fever sufferers may sneeze or experience a runny nose and itchy eyes when pollen spreads. Over-the-counter medications, such as Claritin®, can be especially effective at relieving symptoms of seasonal allergies. But allergy sufferers also can combat high pollen counts by staying indoors on windy days and closing their windows and running their air conditioners.

### Pet dander

Dander are flakes of skin in an animal's fur or hair. Because of their microscopic size, these flakes of skin can easily attach and remain attached to bedding, fabrics and furniture. Many people keep their pets even if they develop allergies to dander. Should such a situation arise, do not allow your pet into your bedroom, bathe the animal regularly and remove carpeting in favor of bare floors or washable rugs.



Seasonal allergies affect millions of people. But such sufferers can combat their seasonal allergies by taking several proactive approaches to eliminate allergens before reactions occur.

*Continued on page 2*

File Photo