

# LOOKING FOR MORE HEALTHY CHOICES? WE'LL HELP.

## Cigna Healthy Rewards

You value your health enough to make smart choices and Cigna's Healthy Rewards\*\* program can help with discounts on a wide variety of health and wellness programs and services.

### Reward yourself.

You and your family members can enjoy instant savings using the attached wallet card when you visit a participating provider or shop online. Visit the Healthy Rewards website: [www.cigna.com/rewards](http://www.cigna.com/rewards) (password: savings) or call **1.800.258.3312** to get information on participating providers and save on the programs that are right for you.

### HEALTHY REWARDS®

#### Reward yourself

Present this card to your Healthy Rewards provider to access discounts on a range of health programs services.

To find out more about Healthy Rewards or for a list of participating providers, call **1.800.258.3312** or visit [Cigna.com/rewards](http://Cigna.com/rewards)  
Password: savings

Together, all the way.™



This is NOT insurance.

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### Healthy Rewards Discounts

| CATEGORY                               | PROGRAM                            | DISCOUNT**  |
|--|------------------------------------|---|
| Weight management and nutrition        | Healthroads™ Weight Management     | Up to 10%   |
|  | Registered dietician               | Up to 25%   |
|  | Jenny Craig®                       | 30%   |
| Fitness club and equipment discounts   | American Specialty Health Networks | 10% off enrollment fees and/or monthly dues             |
|  | Just Walk 10,000 Steps a Day       | Up to 25%   |
| Vision and hearing care                | Exams and eyewear                  | Discounts vary, see Healthy Rewards for further details |
|  | Lasik vision correction            | Up to 15%   |
|  | Hearing exams and aids             | Up to 25%   |
|  | Hearing protection devices         | Up to 50%   |
| Tobacco cessation                      | Healthroads™ Tobacco Cessation     | Up to 10%   |
| Alternative medicine                   | Accupuncture                       | Up to 25%   |
|  | Chiropractor                       | Up to 25%   |
|  | Massage                            | Up to 25%   |
| Mind/body                              | Gaiam yoga equipment discounts     | 40%   |
|  | Healthroads™ Mind/Body Program     | Up to 10%   |
| Vitamins, health and wellness products | drugstore.com™                     | 5%  |
|  | ChooseHealthy.com™                 | up to 40%   |

Together, all the way.™



Offered by: Connecticut General Life Insurance Company, Life Insurance Company of North America or Cigna Life Insurance Company of New York.

\* Some Healthy Rewards programs are not available in all states and programs may be discontinued at any time. Healthy Rewards programs are separate from your plan or insurance coverage. A discount program is NOT insurance, and you must pay the entire discounted charge. Participating providers are independent third parties solely responsible for their programs, products or services.

\*\* Discounts represent the potential savings off a purchase compared to standard vendor prices as of January 2015 and are subject to change. Actual discount will vary and is not guaranteed. Discounts may not be available on every item or service.

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