

Daily GRAB & GO BREAKFAST:

Includes milk, fruit, choice of cheese stick or yogurt, and choice of entrée: whole grain cereal\*, whole grain muffin top\*, whole grain banana bread slice\*, whole grain mini loaf bread\*, whole grain pop tart\*or whole grain frudel\*.

## December 2018

# St. Francis Elementary North Breakfast Menu

**Student \$1.45/2<sup>nd</sup> Breakfast \$2.00/Adult \$2.00**

Monday	Tuesday	Wednesday	Thursday	Friday
3 Whole Grain Pancake Sausage Bites* or Whole Grain PBJ Chilled Fruit 100% Fruit Juice Milk	4 Whole Grain Waffles* with Syrup or Whole Grain PBJ Chilled Fruit 100% Fruit Juice Milk	5 Egg, Sausage or Ham, & Cheese on a Wheat English Muffin or Whole Grain PBJ Chilled Fruit 100% Fruit Juice Milk	6 Whole Grain Pancakes* with Turkey Sausage Patty and Syrup or Whole Grain PBJ Chilled Fruit 100% Fruit Juice Milk	7 French Toast Sticks* with Syrup or Whole Grain PBJ Chilled Fruit 100% Fruit Juice Milk
10 Breakfast Burrito with Salsa or Whole Grain PBJ Chilled Fruit 100% Fruit Juice Milk	11 Whole Grain Waffles* with Syrup or Whole Grain PBJ Chilled Fruit 100% Fruit Juice Milk	12 Egg, Sausage or Ham, & Cheese on a Wheat English Muffin or Whole Grain PBJ Chilled Fruit 100% Fruit Juice Milk	13 Whole Grain Pancakes* with Turkey Sausage Patty and Syrup or Whole Grain PBJ Chilled Fruit 100% Fruit Juice Milk	14 Whole Grain Cinnamon Bun* or Whole Grain PBJ Chilled Fruit 100% Fruit Juice Milk
17 Whole Grain Pancake Sausage Bites* or Whole Grain PBJ Chilled Fruit 100% Fruit Juice Milk	18 Whole Grain Waffles* with Syrup or Whole Grain PBJ Chilled Fruit 100% Fruit Juice Milk	19 <b>90 Minute Late Start</b> <b>Grab-n-Go Breakfast Special</b> Whole Grain Mini Donuts Fruit 100% Fruit Juice Milk	20 Whole Grain Pancakes* with Turkey Sausage Patty and Syrup or Whole Grain PBJ Chilled Fruit 100% Fruit Juice Milk	21 French Toast Sticks* with Syrup or Whole Grain PBJ Chilled Fruit 100% Fruit Juice Milk
No School 24	No School 25	No School 26	No School 27	No School 28
No School 31				

◆=USDA Child Nutrition Label, (USDA Certified product meets Child Nutrition meal pattern requirements for lean protein &/or whole grain rich grains). Program benefits and services are available to all children without regard to race, religion, color, sex, handicap, age or national origin. Free and reduced meal applications are available throughout the year in all schools or on the website at [www.isd15.org](http://www.isd15.org). Students that receive free/reduced lunch also receive a free breakfast. Sending cash is at your own risk. Please send checks or use Visa, MasterCard, Discover, electronic check or debit card to purchase meals at <https://paypams.com>, a transaction fee will be assessed for each transaction. \*\*Menu, product & nutritional information are subject to change per vendor product availability. This Institution is an equal opportunity provider.